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I Know What You're Thinking

Psychics and Spirit Guides Descend Onto Montauk

By T.J. Clemente



A client learns her future at Gurney's. Photo by T.J. Clemente.

Over 350-400 people who journeyed out to Montauk's "Gurney's Inn Resort, Spa and Conference Center" attended the 2nd Annual "Psychic and Holistic Living Fair," held on Saturday April 24. Phyllis Lomitola, Gurney's Conference Sales Director, who after having some first hand experiences with both psychics and the ideas of holistic living, teamed with Neil and Andrea Garvey, noted Long Island Publishers of "Creations Magazine" to create the fair. Both Neil and Andrea were there greeting everyone with their wonderful glowing smiles. They were beaming with pride. Now becoming a national, phenomenon, the psychic world is one of the true growth industries in the country.

The fair was held in the conference center, where a total of 40 tables lined the rooms with fabrics that gave a very festive feel. The tables were manned by representatives of national chains, local Montauk businesses and individual psychics. Massages were being given on massage tables, exotic oils were being marketed, tarot card readings were being done as well as dissemination of all sorts of information about holistic living. At one table was Kathleen Mulligan and Brit Martin, representatives of the SQ-Wellness-Rising Star Healing System channeled by psychotherapist and healer Derek O'Neil, of Ireland. They were at the event to present the healing symbol, "Prema Agri."

Very busy was Denise Cooke, a RN, Licensed Massage Therapist who was at her table explaining her specialties of sports massage, trigger point therapy for athletes, musicians and all active people. She brought along a massage table and gave demonstrations of her skills. The representatives of the Crystal Reflection Store were pitching five reasons to go on a "Crystal Reflections' Retreat," at Lake Sabago, a 1/2 hour drive outside Manhattan. There was passion in the presentation of the Emergence of Maitreya, the world teacher who will help you to "discover for yourself" the spiritual meaning behind UFO's, flying saucers and crop circles along with the absolute need to end war and poverty.

In another venue and realm was, The East End Holistic Wellness Center

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of Riverhead, which had a table showcasing some of their therapies such as: Permanent weight loss, anti-aging strategies, chelation therapy, allergy testing, herbal medicine, vitamin therapy, nutritional counseling as well as intravenous treatments. Islip psychic medium Katherine Mitchell was at her table promoting her forum "Enlightenment," which will focus on "topics, as well as experience the tools to awaken the understanding and responsibilities to ourselves and others." On May 8th at 10 a.m. the forum will focus on Grace. It will be held at her shop in Islip on 560 Main Street. Then there was Jordan S. Walker a licensed spiritual healer and health coach who is someone who he himself experienced a miraculous transformational healing from a chronic degenerative disease condition that plagued him for more than a decade of his life. He has discovered that he has abilities, one of which is to be able to transfer tremendous amounts of healing energies in person and over long distances. Among his many abilities is his service of providing IN-person and long distance "Transformational Spiritual Healing Sessions." A very busy table with a long line right up to the 7 p.m. closing was that of psychic medium and author Cindi Sansone-Braff who was voted Long Island's Leading Psychic along with John Edward by one of Long Island's leading publications as a huge official banner behind her table proclaimed. Besides giving her famous tarot card readings, her book "Grant Me a Higher Love," the ultimate relationship book, was also on sale. In the first year, book sales are now approaching 8000 copies. Angel reader Lorraine Recchia was in attendance with her "intuitive" angel readings skills. She enjoys building a relationship based on information she channels through "our angels while focusing on personal empowerment." She believes "Angels are pure light of unconditional love, and along with you, they create miracles." In practice since 1987 and also present at the fair was Montauk's own Elizabeth Willoughby of Planetary Reflexology, specializing in feet-hands-ears. Not far from Elizabeth was the table of Mellissa Mahoney (also of Montauk) presenting unique jewelry for the occasion. Her business is titled Zoe Jade & Co. With everyone leaving happy and smiling it was plain to see how successful the event was. The positive energy in the room and the smiles on all those who paid \$5 admittance to sample the wares, skills, knowledge and talents of those behind the tables made a very sunny day sunnier. Even on that finest of Spring days, weather-wise, a steady crowd circulated through the conference room. Phyllis called the event, "A growing total success."

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