

**FOR IMMEDIATE RELEASE:**

## **Author Pens Self-Help Guide to Developing Positive, Loving Relationships**

***Grant Me a Higher Love: How to Go from the Relationship from Hell to One that's Heaven Sent* by *Scaling The Ladder of Love* by Cindi Sansone-Braff helps couples develop and maintain healthy relationships.**

PATCHOGUE, N.Y. – *Grant Me a Higher Love: How to Go from the Relationship from Hell to One that's Heaven Sent* by *Scaling The Ladder of Love*, a new book by relationship coach Cindi Sansone-Braff, offers couples guidelines to fully loving one another in heart, mind, body and soul.

According to Sansone-Braff, recent studies indicating that one-third of people have experienced at least one divorce shows that people are not willing to settle for relationships that are not working. However, she says, "They don't know how to make the next one any better." Wanting to give readers the tools to create and enjoy a healthy relationship, Sansone-Braff shares her 19-step program which she believes will lead readers to a higher ground of self-awareness, as well as freeing them of their unhappy relationships.

The author decided to write *Grant Me a Higher Love* to share the dramatic and positive experiences she found in helping her clients through their relationship issues. According to Sansone-Braff, the only two paths in life are the path of love and the path of fear. She wants her readers to become aware of all the fears that keep people chained to this vicious cycle of unhappy relationships, thus freeing them to choose this time around to walk the road to love. Recounting her personal experience of ending in a kind, fair and just manner her own long-term marriage, Sansone-Braff shares her first-hand lesson on how difficult it is to sever a bond, even when armed with the knowledge that the relationship is no longer serving anyone's higher good.

Sansone-Braff wrote *Grant Me a Higher Love* to be easily understood by anyone interested in having a loving relationship, especially those already on their spiritual path. Wanting it to be more than a helpful life manual, she hopes *Grant Me a Higher Love* will help readers understand how to create and maintain truly joyful and loving relationships.

For more information or to request a free review copy, members of the press can contact the author at [cindibella@verizon.net](mailto:cindibella@verizon.net) or at her website, [www.grantmeahigherlove.com](http://www.grantmeahigherlove.com). *Grant Me a Higher Love* is available for sale online at Amazon.com, BookSurge.com, and through additional wholesale and retail channels worldwide.

### ***About the Author***

Cindi Sansone-Braff, an award-winning playwright, has a Bachelor of Fine Arts degree from the University of Connecticut. She is a professional entertainer, relationship coach, Tarot card reader, and medium with more than fifteen years experience. She lectures, teaches workshops, and gives private consultations throughout the United States and around the world. She currently lives in Patchogue, New York.

###